



House Social Services Budget Committee
February 10, 2014

Overview of the State Mental Health Hospitals

Presented by:
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Kansas Department for Aging and Disability Services

State Mental Health Hospitals

- Osawatomie State Hospital (OSH) and Larned State Hospital (LSH) serve people experiencing serious symptoms of mental illness.
 - Person who have been deemed a danger to themselves or others
 - Generally exhibit symptoms that community providers cannot treat safely and effectively.
 - Once stabilized, can return home and be supported by their local Community Mental Health Center (CMHC)
 - Prisoners/those involved with the Criminal Justice System needing inpatient mental health treatment or evaluations receive services at the State Security Hospital/Program at Larned State Hospital.
 - Persons committed as violent sexual predators receive treatment and services through the Sexual Predator Treatment Program (SPTP) at Larned State Hospital.

State Mental Health Hospitals

- Accredited by The Joint Commission (TJC)
- Certified to participate in federal Medicaid and Medicare funding.
- Required to provide the full array of health care for all their patients from their approved budget.

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State Mental Health Hospitals

Summary of State Mental Health Hospital Census

Budgeted Psychiatric beds- 302

| <i>Average Daily Census</i> | <u>2008</u> | <u>2009</u> | <u>2010</u> | <u>2011</u> | <u>2012</u> | <u>2013</u> |
|-----------------------------|-------------|-------------|-------------|-------------|-------------|-------------|
| | 307 | 297 | 314 | 305 | 301 | 302 |

• **Census Management Initiative (CMI):**

- Grant funding allocated to provide overflow should the bed capacity at the State Hospitals reach critical levels.
- Partnership with Via Christi and Prairie View.
 - Via Christi's budget is \$294,000 for up to 370 bed days (CMI and Short-Term Stay are combined)
 - Prairie View's budget is \$238,045 for 319 bed days.

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State Mental Health Hospitals

Governor's Budget Report—Staff Positions

| <u>Facility</u> | <u>Positions</u> |
|-----------------|--------------------------|
| *Larned | 936.50 FTE/57.98 Non-FTE |
| OSH | 385.90 FTE |
| **RMHF | 112.20 FTE |
| TOTAL | 1,457.58 |

*This includes MiCo positions and Meyer building expansion

**Will be transferring to OSH by 4/1/13

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Larned State Hospital

Larned State Hospital (LSH)

Larned State Hospital operates 3 distinctly different treatment programs.

- Psychiatric Services Program (PSP)
- State Security Program (SSP)
- Sexual Predator Treatment Program (SPTP)

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Larned State Hospital (LSH)

- The **Psychiatric Services Program (PSP)** serves voluntary as well as civilly committed adults with mental illness.
- Patients enter the program after having been screened by qualified mental health professionals from one of the mental health centers in Central and Western Kansas, or are referred under an order of evaluation from a judge.
- **Budgeted for 90 beds.**

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Larned State Hospital (LSH)

- The **State Security Program (SSP)**, serves male and female adult mentally ill forensic populations from the entire state of Kansas, which are admitted through specific forensic statutes or transferred from the Kansas Department of Corrections (KDOC) for acute or secure residential treatment. This program provides a secure setting for forensic evaluations and psychiatric inpatient treatment.
 - The **Security Behavior Unit (SBU)**, serves a group of males who are civilly - rather than criminally - committed and who pose a very high risk for dangerousness and/or have been charged with or arrested for a felony. SBU provides services to both OSH and LSH.
- **Budgeted for 220 beds.**

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Larned State Hospital (LSH)

- The **Sexual Predator Treatment Program (SPTP)** was established by a 1994 statute that provides for the civil commitment of persons identified by the law as sexually violent predators. SPTP has a dual mission:
 - Provide for the safety of Kansas citizens by establishing a secure environment in which persons identified as sexually violent predators can reside.
 - Offer treatment with the aim of reducing their risk for re-offending allowing motivated persons who complete treatment to return to society.
- Program serves adult male patients from the state who have been adjudicated through KS sexually violent predator treatment laws and are committed for treatment under civil statutes.
- Law does provide for the possibility that women and juvenile offenders could also be offered treatment within a secure environment—presently it has not yet occurred.
- **Currently, LSH has 225 residents on campus, 15 in prison/jail, and 10 in reintegration facilities.**

****OSH/Parsons State Hospital & Training Center also provide eight reintegration facility beds each (total of 16 beds) for continued SPTP services.****

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SPTP Taskforce

- In December of 2012, Sexual Predator Treatment task force appointed.
- The task force sought diverse perspectives from multiple stakeholders.
- General themes of recommendations included:
 - evaluating program models intended to improve treatment outcomes,
 - implementing evidenced based practices,
 - develop resources for the early identification and treatment of sexual offending behaviors in youth.
- A final report was presented to the Secretary on October 1, 2013. Implementation plan is being developed by inter-agency workgroup.
- LPA conducted an audit in 2013 focusing on security processes at SPTP unit. Implementation of recommendations have begun and are on-going. LPA will continue to work on their audit in 2014 focusing on programming.

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Operational Assessment Overview

Changes estimated to save a million dollars + over the next few years.

- Savings go towards payments for recent salary increases for MHDDTs; offset future Disproportionate Share Hospital (DSH) cuts caused by Affordable Care Act; and additional Larned expenses

Key Recommendations

- *Direct care staffing levels*
 - ✓ Need to expand pool of direct care staff to reduce OT
- *Overstaffed in some areas related to industry benchmarks.*
- *Need to recruit additional Psychiatrists*

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equalize to
DOC rates
on campus.



Rainbow Services, Inc.

Rainbow Services, Inc.

- Will begin on April 1, 2014.
- Project will enhance the continuum of mental health crisis/emergency services programming for residents of Wyandotte and Johnson counties.
- **Key Goals:**
 - To divert consumers from unnecessary and inappropriate use of state hospitals and jails
 - To establish and support alternative community programming that will decrease reliance on Osawatomie State Hospital (OSH) to provide for individuals who may not need inpatient hospitalization, but have no other resources to meet their needs.
 - To decrease admissions to OSH of individuals who could be stabilized in the community in 10 days or less by connecting these persons to services/resources in their home communities
 - To increase 24-hour community options for individuals with co-occurring mental health and substance use disorders
- **New Services:**
 - Assessment/triage that operates and accepts clients 24/7.
 - A medically supervised Crisis Observation Unit for stays of up to twenty-three hours.
 - A Sobering Unit with withdrawal management with average stays of four to six hours.
 - A Crisis Stabilization Unit with medical oversight for up to 10 days.

Rainbow Services, Inc. Future Legislative Efforts

- Transfer of RMHF staff to OSH
- Transfer of RMHF fee funds to OSH
- Transfer some of RMHF budget to KDADS 3.6
- Abolishment of State Agency (RMHF)
- Determine future direction of the RMHF building.
(KDADS working with DOA and Legislature)

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Osawatomie State Hospital (OSH)

Osawatomie State Hospital (OSH)

- OSH serves voluntary as well as civilly committed adults with mental illness.
- OSH serves adults from 44 eastern Kansas Counties, including Sedgwick, Shawnee, and Johnson counties.
- OSH shares its catchment area with RMHF.
- Between 50-70 percent of the people served by OSH also need substance abuse treatment.

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Operational Assessment Overview

- Increasing focus on acute care treatment while reducing use as a longer-term treatment facility
- Adjust staffing based on what we are learning
- Savings are still being determined.

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Budget Changes and Key Issues

Budgetary Issues

- KDADS budget includes the increase of \$4.9 million for the dietary services contract at OSH and LSH.
- \$3.6 million will be transferred from RMHF to KDADS for Rainbow Services, Inc. contract.

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Efforts to reduce Overtime/Vacancies

Efforts to reduce overtime/Vacancies

- Improvement on recruitment and retention practices
- Increased focus on staff training and leadership training
- The roll-out of processes that are fairly common in most health care organizations but not at our hospitals such as staff satisfaction surveys
- Increased wages in targeted areas
- Increased collaboration between the hospitals
- Implementation of Licensed Mental Health Technician (LMHT) program
- Focus at Larned of reducing unnecessary 1x1's.
- Focus on reducing staff call-in's

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ceased ten years ago.
LPN's are hard to recruit.
Work w/ community colleges to help out.

(excessive mandated over-time - 670 hrs / pay period.